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# Child and Family Development

In the College of Education

**OFFICE: Education and Business Administration 403**  
**TELEPHONE: 619-594-5380 / FAX: 619-594-5921**  
**E-MAIL: [troberts@mail.sdsu.edu](mailto:troberts@mail.sdsu.edu)**

## Faculty

Emeritus: Balkwell, Cannon, Dorris, Deutsch, Hewes, Milne, Ross  
Chair: Roberts  
Professor: Roberts  
Associate Professors: Hokoda, Ritblatt  
Lecturer: Booth

## Offered by the Department

Master of Science degree in child development.  
Major in child development with the B.S. degree in applied arts and sciences.  
Minor in child development.  
Certificate in family life education.

## The Major

The interdisciplinary major in child development draws from many fields of study, including biology, psychology, and sociology, and prepares students for a variety of professional specialties. Graduates with competencies in this major find positions in preschools, child care centers, schools, hospitals, clinics, residential institutions, counseling centers, mental health centers, social services and public welfare agencies, family service agencies, family planning clinics, community programs, business and industry, and government agencies.

Field experience programs offer students supervised work in community agencies, children's programs, the Associated Students' Campus Children's Center, and San Diego City Schools. All children's programs are mainstreamed and a wide range of special needs and at-risk populations are served.

The child development degree also provides a flexible curriculum base for continuation into graduate programs in child development or family relations. Majors may also continue graduate work in related fields such as marriage and family therapy; social work; psychology; law; or sociology. Also available are programs leading to the multiple subject and single subject teaching credentials, the community college teaching credential, and a specialist credential in either special education or early childhood education.

The child development minor is an important adjunct for students in areas such as anthropology, education, psychology, recreation, social work, and sociology.

## Impacted Program

The child development major is an impacted program. To be admitted to the child development major, students must meet the following criteria:

- Complete with a grade of C or higher: Child and Family Development 135, 270, 270L (1 unit), 272, 275; Biology 100; Psychology 101; Sociology 101; and Psychology 270 and 271, or Sociology 201, or a three unit elementary statistics course. These courses cannot be taken for credit/no credit (Cr/NC);
- Complete a minimum of 45 baccalaureate level semester units (a minimum of 60 units are required for all transfer applicants);
- Have a cumulative GPA of 2.40 or higher.

To complete the major, students must fulfill the degree requirements for the major described in the catalog in effect at the time they are accepted into the premajor at SDSU (assuming continuous enrollment).

## Major Academic Plans (MAPs)

Visit <http://www.sdsu.edu/mymap> for the recommended courses needed to fulfill your major requirements. The MAPs Web site was created to help students navigate the course requirements for their majors and to identify which General Education course will also fulfill a major preparation course requirement.

## Child Development Major

**With the B.S. Degree in Applied Arts and Sciences**  
**(Major Code: 08231)**

All candidates for a degree in applied arts and sciences must complete the graduation requirements listed in the section of this catalog on "Graduation Requirements."

A minor is not required with this major.

**Preparation for the Major.** Child and Family Development 135, 270, 270L (1 unit), 272, 275; Biology 100; Psychology 101; Sociology 101; Psychology 270 and 271, or Sociology 201, or a three unit elementary statistics course. (25-26 units)

These prerequisite courses may not be taken Cr/NC. The minimum grade in each class is C or higher.

**Graduation Writing Assessment Requirement.** Passing the Writing Proficiency Assessment with a score of 10 or above or completing one of the approved upper division writing courses (W) with a grade of C (2.0) or better. See "Graduation Requirements" section for a complete listing of requirements.

**Major.** A minimum of 43 upper division units to include Child and Family Development 335, 370, 375A, 375B, 375C, 537, 560, 575, 578, 590, and one of the two specializations listed below.

**Child Development Specialist:** Child and Family Development 377, 378A (1 unit), and 378B (1 unit) or 378D (1 unit), 380, 477, and 577.

**Family Development Specialist:** Child and Family Development 378C (1 unit), 378D (1 unit), 536, and nine units selected with the approval of the program adviser.

## Child Development Minor

The minor in child development consists of a minimum of 16 units to include Child and Family Development 270+, 270L (1 unit), and 12 upper division units selected from Child and Family Development courses.

Courses in the minor may not be counted toward the major, but may be used to satisfy preparation for the major and general education requirements, if applicable. A minimum of six upper division units must be completed in residence at San Diego State University.

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+Indicates course with prerequisites not included in requirements listed above.

## Family Life Education Certificate

The purpose of this certificate program is to prepare students for careers in family life education. The program is designed for individuals working on degrees in child development and health science. It also provides a self-improvement opportunity for people seeking employment, promotion, or upward mobility on the job who are not enrolled in degree programs.

Awarding of the certificate requires completion of an approved pattern of five courses (15 units) with a grade of "C" or better in each of the courses to include Child and Family Development 135, 270+, or 375C and 378C, or 375C and 378D, or Psychology 230+; Biology 307; Psychology 355; and Public Health 353. The course offerings under this program meet the criteria for training and standards of the American Association of Sex Educators and Counselors. Courses in the certificate may not be counted toward the minor.

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+Indicates course with prerequisites not included in requirements listed above.

## Courses (CFD)

Refer to *Curricula and Courses and University Policies* sections of this catalog for explanation of the course numbering system, unit or credit hour, prerequisites, and related information.

### LOWER DIVISION COURSES

#### CFD 135. Principles of Family Development (3) [GE]

Intimacy, compatibility, conflict, and communication in relationship formation and adjustment.

#### CFD 170. Child and Adolescent Development from a Cultural Perspective (3) [GE] (Same course as Teacher Education 170)

Theories of human development using a cultural/ecological framework applied to case studies and direct observations. Open only to liberal studies majors. Not open to students with credit in Child and Family Development 270, Psychology 230, or Teacher Education 170.

#### CFD 270. Human Development Across the Lifespan (3)

Prerequisites: Psychology 101; concurrent registration in Child and Family Development 270L for one unit. **Proof of completion of prerequisite required:** Copy of transcript.

Development from conception to old age; emphasis on biological, cognitive, and socio-emotional development. Not open to students with credit in Child and Family Development 170, Psychology 230, or Teacher Education 170.

#### CFD 270L. Principles of Child Development Laboratory (1-3)

Three hours of laboratory for each unit.

Prerequisites: Psychology 101; credit or concurrent registration in Child and Family Development 270. **Proof of completion of prerequisite required:** Copy of transcript.

Multiple methods of observing and recording individual and group behavior of children. Observations required. May be repeated with consent of instructor. Maximum credit three units.

#### CFD 272. Child, Family, Community (3)

Prerequisites: Child and Family Development 135, 270, 270L (one unit); Sociology 101. **Proof of completion of prerequisites required:** Copy of transcript.

Individual and family needs and the social institutions and agencies attempting to meet these needs. Social issues, service programs, program analyses, and program effectiveness emphasized.

#### CFD 275. Developmentally Appropriate Practices (3)

Two lectures and two hours of activity.

Prerequisites: Child and Family Development 270, 270L (one unit).

**Proof of completion of prerequisites required:** Copy of transcript  
Design, implementation, and evaluation of developmentally appropriate practices for children and families.

#### CFD 296. Experimental Topics (1-4)

Selected topics. May be repeated with new content. See Class Schedule for specific content. Limit of nine units of any combination of 296, 496, 596 courses applicable to a bachelor's degree.

### UPPER DIVISION COURSES (Intended for Undergraduates)

#### CFD 335. Interaction in Families (3)

Prerequisites: Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Family interaction patterns throughout the life cycle in a multicultural society. Emphasis on theories, research findings, and family practices.

#### CFD 370. Research, Assessment, and Evaluation of Children and Families (3)

Prerequisites: Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Methods for measuring child, caregiver, and family behavior. Evaluation of reliability and validity. Includes research design, sampling techniques, data collection strategies, and values/ethics.

#### CFD 375A. Human Development: Infant/Toddler (2)

Prerequisites: Credit or concurrent registration in Child and Family Development 378A or 378B or 378D. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Physiological, psychological, cognitive, and socio-emotional development of the human organism in cultural contexts from conception to three years of age. (Formerly numbered Child and Family Development 570.)

#### CFD 375B. Human Development: Early/Middle Childhood (2)

Prerequisites: Credit or concurrent registration in Child and Family Development 378B or 378C or 378D. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Physiological, psychological, cognitive, and socio-emotional development of the human organism in cultural contexts from age 3 to age 12. Not open to students with credit in Child and Family Development 371 and 375.

#### CFD 375C. Human Development: Adolescence/Adulthood (2)

Prerequisites: Credit or concurrent registration in Child and Family Development 378C or 378D. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Physiological, psychological, cognitive, and socio-emotional development of the human organism in cultural contexts from age 12 to old age. Not open to students with credit in Child and Family Development 371 and 375.

#### CFD 377. Adult Supervision in Child and Family Development Programs (3)

Prerequisites: Child and Family Development 375A, 375B; and two units selected from Child and Family Development 378A, 378B, or 378D. **Proof of completion of prerequisites required:** Copy of transcript.

Development of leadership, communication, conflict resolution, and supervision of professionals in child and family development programs.

#### CFD 378A. Laboratory Experiences: Infants/Toddlers (1-3) Cr/NC

Three hours of laboratory for each unit of credit.

Prerequisites: Concurrent registration in Child and Family Development 375A. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Directed experiences in mainstream settings for infants and toddlers. Designing and implementing developmentally appropriate activities. Maximum credit three units with consent of instructor. (Formerly numbered Child and Family Development 376A.)

#### CFD 378B. Laboratory Experiences: Preschool/Kindergarten (1-3) Cr/NC

Three hours of laboratory for each unit of credit.

Prerequisites: Concurrent registration in Child and Family Development 375B. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Directed experiences in mainstream settings for children ages 3 to 6, preschool, and kindergarten children. Designing and implementing developmentally appropriate activities. Maximum credit three units with consent of instructor. Not to exceed three units of credit in any combination with Child and Family Development 376A completed prior to fall 2006.

#### CFD 378C. Laboratory Experiences: Age 6 Through Adolescence (1-3) Cr/NC

Three hours of laboratory for each unit of credit.

Prerequisites: Concurrent registration in Child and Family Development 375B or 375C. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Directed experiences in mainstream settings for children age six through adolescence. Designing and implementing developmentally appropriate activities. Maximum credit three units with consent of instructor. (Formerly numbered Child and Family Development 376B.)

### **CFD 378D. Laboratory Experiences with Children and Families (1-3) Cr/NC**

Three hours of laboratory for each unit of credit.

Prerequisites: Concurrent registration in Child and Family Development 375A, 375B, or 375C. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Directed experiences in intergenerational programs. Designing and implementing developmentally appropriate interactions for children and their families/caregivers. Maximum credit three units with consent of instructor. (Formerly numbered Child and Family Development 376C.)

### **CFD 380. Early Literacy Development and School Readiness (3)**

Prerequisites: Child and Family Development 375A and 375B; and Child and Family Development 378A or 378B or 378D. Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Early development of language, baby signs, literacy, and school readiness. Focus on brain, cognition, and socio-emotional development. Applications of developmentally appropriate practice to enhance literacy and school readiness.

### **CFD 477. Administration of Child Development Programs (3)**

Prerequisites: Child and Family Development 375A, 375B, 380; and two units selected from Child and Family Development 378A, 378B, or 378D. **Proof of completion of prerequisite required:** Copy of transcript.

Programs for young children: design, implementation, and evaluation. Research applications and legal requirements for public and private sectors.

### **CFD 496. Experimental Topics (1-4)**

Selected topics. May be repeated with new content. See Class Schedule for specific content. Limit of nine units of any combination of 296, 496, 596 courses applicable to a bachelor's degree.

### **CFD 499. Special Study (1-3)**

Prerequisites: Consent of instructor.  
Individual study. Maximum credit six units.

### **UPPER DIVISION COURSES (Also Acceptable for Advanced Degrees)**

### **CFD 536. Divorce and Remarriage (3)**

Prerequisites: Child and Family Development 335 and Sociology 101. **Proof of completion of prerequisites required:** Copy of transcript.

Integration of family theories and research findings. Emphasis on adjustment to divorce and remarriage throughout life cycles, across cultures, social classes, and ethnicities.

### **CFD 537. Child Abuse and Family Violence (3)**

Prerequisites: Child and Family Development 375A, 375B, 375C, and two units from Child and Family Development 378A, 378B, 378C, 378D. **Proof of completion of prerequisites required:** Copy of transcript.

Multidisciplinary approach to child abuse and family violence including maltreatment, mistreatment, neglect, sexual abuse.

### **CFD 560. Theories in Socio-Emotional Development (3)**

Prerequisites: Child and Family Development 375A, 375B, 375C, and two units from Child and Family Development 378A, 378B, 378C, 378D. **Proof of completion of prerequisites required:** Copy of transcript.

Socio-emotional development from infancy to adulthood. Theory of mind, emotional intelligence, and relationship-based development.

### **CFD 575. Public Policy and Professional Ethics in Child and Family Development (3)**

Prerequisites: Child and Family Development 375A, 375B, 375C, two units from Child and Family Development 378A, 378B, 378C, 378D, and Child and Family Development 536 or 537 or 590. **Proof of completion of prerequisites required:** Copy of transcript.

Public policy and professional ethics as applied to child and family development, programs, and research.

### **CFD 577. Advanced Administration of Child Development Programs (3)**

Prerequisites: Child and Family Development 477. **Proof of completion of prerequisite required:** Copy of transcript.

Problem analysis and development of successful organizational strategies for child development program delivery. Leadership, effective communication, social and ethical issues from a multicultural perspective.

### **CFD 578. Conflict Resolution Across the Life Span (4)**

Three lectures and three hours of laboratory.

Prerequisites: Child and Family Development 335, 370, 375A, 375B, 375C, two units from Child and Family Development 378A, 378B, 378C, 378D, and Child and Family Development 537 and 560 with an overall grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Theories of conflict development and resolution across lifespan. Parenting styles, discipline, behavior and class management, and conflict resolution techniques used in relationships. Directed experiences using conflict resolution techniques in various settings.

### **CFD 590. Children with Special Needs (4)**

Three lectures and three hours of laboratory.

Prerequisites: Child and Family Development 270 or Psychology 230, and completion of 12 upper division units in child and family development with a grade of C (2.0) or better for majors; consent of instructor for graduate students. **Proof of completion of prerequisites required:** Copy of transcript.

Adaptive and maladaptive processes throughout life span with emphasis on emotional, psychological, and physical disorders. Etiology, development, and adjustment. Directed experience with special needs individuals and their families.

### **CFD 596. Advanced Studies in Child and Family Development (1-6)**

Prerequisites: Nine upper division units in child and family development.

Advanced study of selected topics. May be repeated with new content. See Class Schedule for specific content. Limit of nine units of any combination of 296, 496, 596 courses applicable to a bachelor's degree. Maximum credit of nine units of 596. No more than six units of 596 may be applied to a bachelor's degree. Credit for 596 and 696 applicable to a master's degree with approval of the graduate adviser.

### **GRADUATE COURSES Refer to the *Graduate Bulletin*.**

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