

# Child and Family Development

In the College of Professional Studies and Fine Arts

OFFICE: Professional Studies and Fine Arts 413

TELEPHONE: (619) 594-5380

FAX: (619) 594-5921

EMAIL: troberts@mail.sdsu.edu

## Faculty

Emeritus: Cannon, Deutsch, Hewes, Milne, Ross, Somerville

Chair: Roberts

Professors: Balkwell, Roberts

Assistant Professors: Hokoda, Ritblatt

Lecturer: Booth

## Offered by the Department

Master of Science degree in child development.

Major in child development with the B.S. degree in applied arts and sciences.

Minor in child development.

Certificate in family life education.

## The Major

The interdisciplinary major in child development draws from many fields of study, including biology, psychology, and sociology, and prepares students for a variety of professional specialties. Graduates with competencies in this major find positions in preschools, day care centers, schools, hospitals, clinics, residential institutions, counseling centers, mental health centers, social services and public welfare agencies, family service agencies, family planning clinics, community programs, business and industry, and government agencies.

Field experience programs offer students supervised work in community agencies, children's programs, and the Associated Students' Campus Children's Center. The department's Child Study Center focuses on undergraduate and graduate training and research by operating a Campus Children's Center in collaboration with SDSU's Associated Students and San Diego City Schools. Special programs, such as *Art and Music Experiences for Children* and *Moms Helping Kids* domestic violence program, often extend service through the summer and allow for creative collaboration across disciplines and in the community. All children's programs are mainstreamed and a wide range of special needs and at-risk populations are served by a full inclusion program.

The child development degree also provides a flexible curriculum base for continuation into graduate programs in child development or family relations in: marriage and family therapy; social work; psychology; law; or sociology. Also available are programs leading to the multiple subject and single subject teaching credentials, the community college teaching credential, and a specialist credential in either special education or early childhood education.

The child development minor is an important adjunct for students in areas such as anthropology, education, psychology, recreation, social work, and sociology.

## Impacted Program

The child development major is an impacted program. Students must enter the University under the child development premajor code (08230). To be admitted to the child development major, students must meet the following criteria:

- Complete with a grade of C or higher: Child and Family Development 135, 270, 270L (1 unit), 272, 275; Biology 100; Psychology 101; Sociology 101; and Psychology 270 and 271 (or Sociology 201). These courses cannot be taken for credit/no credit (Cr/NC);
- Complete a minimum of 56 semester units;

- Have a cumulative GPA and SDSU GPA of 2.2 or higher;
- To gain entry into the major, students must fulfill the premajor requirements described in the catalog in effect at the time they declare the premajor at SDSU (assuming continuous enrollment).

To complete the major, students must fulfill the degree requirements for the major described in the catalog in effect at the time they are accepted into the premajor at SDSU (assuming continuous enrollment).

## Child Development Major

**With the B.S. Degree in Applied Arts and Sciences  
(Premajor Code: 08230) (Major Code: 08231)**

All candidates for a degree in applied arts and sciences must complete the graduation requirements listed in the section of this catalog on "Graduation Requirements."

A minor is not required with this major.

**Preparation for the Major.** Child and Family Development 135, 270, 270L (1 unit), 272, 275; Biology 100; Psychology 101; Sociology 101; and Psychology 270 and 271 (or Sociology 201). (25-26 units)

**Upper Division Writing Requirement.** Passing the University Writing Examination or completing one of the approved writing courses with a grade of C (2.0) or better.

**Major.** A minimum of 38 upper division units to include Child and Family Development 335, 370, 371, 375, 537, 575, 590, and one of the three specializations listed below.

**Child Development Specialist:** Child and Family Development 376A (1 unit), 377, 477, 570, 577, and three upper division units selected with approval of the program adviser.\*

**Family Development Specialist:** Child and Family Development 376C (1 unit), 536, 578, and nine units selected with the approval of the program adviser.

**General Child and Family Development:** Child and Family Development 376A, 376B, or 376C (1 unit), and 15 upper division units selected with the approval of the program adviser.

\* With appropriate work experience fulfills requirements for the Child Development Master Teacher Permit or Site Supervisor Permit in California; with completion of the B.S. degree and one program year of site supervisor experience fulfills requirements for the Child Development Program Director Permit. For complete information on Title 5 Regulations pertaining to California Child Development Permits write: California Commission on Teacher Credentialing, Certification, Assignment and Waivers Division, P. O. Box 944270, Sacramento, CA 94244-2700, (916) 445-7254 or the San Diego County Office of Education, Credentials Technician, 6401 Linda Vista Road, San Diego, CA 92111, (619) 292-3500.

## Child Development Minor

The minor in child development consists of a minimum of 16 units to include Child and Family Development 270+, 270L (1 unit), and 12 units selected from Child and Family Development 370, 371, 375+; one unit selected from 376A+, 376B+, or 376C+; 377, 477, 537, 570+, 575, 577, 590, 597, 597L; Psychology 432+. No more than six of the 16 units may be in experiential courses.

Courses in the minor may not be counted toward the major, but may be used to satisfy preparation for the major and general education requirements, if applicable. A minimum of six upper division units must be completed in residence at San Diego State University.

+ Indicates course with prerequisites not included in list of courses acceptable for minor

## Family Life Education Certificate

The purpose of this certificate program is to prepare students for careers in family life education. The program is designed for individuals working on degrees in child development and health science. It also provides a self-improvement opportunity for people seeking employment, promotion, or upward mobility on the job who are not enrolled in degree programs.

Awarding of the certificate requires completion of an approved pattern of five courses (15 units) with a grade of "C" or better in each of the courses to include Child and Family Development 135, 270+ or 371+ or Psychology 230+; Biology 307, Community Health Education 475; and Psychology 355+. The course offerings under this program meet the criteria for training and standards of the American Association of Sex Educators and Counselors.

Child and Family Development 135, 270 or 371 (six units) are applicable to the child development major. Community Health Education 475 and Psychology 355 (six units) are applicable to the health science major. Courses in the certificate may not be counted toward the minor.

For further information regarding the Family Life Education Certificate program, consult the Department of Child and Family Development.

+ Indicates course with prerequisites not included in requirements listed above.

## COURSES (CFD)

### LOWER DIVISION COURSES

#### 135. Principles of Family Development (3) I, II

Intimacy, compatibility, conflict, and communication in relationship formation and adjustment.

#### 270. Principles of Child Development (3) I, II

Prerequisites: Psychology 101; concurrent registration in Child and Family Development 270L for one unit. **Proof of completion of prerequisite required:** Copy of transcript.

Child from conception through adolescence; emphasis on biological, cognitive, and psychosocial development. Not open to students with credit in General Studies 130 or Psychology 230.

#### 270L. Principles of Child Development Laboratory (1-3) I, II

Three hours of laboratory for each unit.

Prerequisites: Psychology 101; credit or concurrent registration in Child and Family Development 270. **Proof of completion of prerequisite required:** Copy of transcript.

Multiple methods of observing and recording individual and group behavior of children. Observations required. May be repeated with consent of instructor. Maximum credit three units. (Formerly numbered Child and Family Development 271 [laboratory portion]).

#### 272. Child, Family, Community (3)

Prerequisites: Child and Family Development 135, 270, 270L (one unit); Sociology 101. **Proof of completion of prerequisites required:** Copy of transcript.

Individual and family needs and the social institutions and agencies attempting to meet these needs. Social issues, service programs, program analyses, and program effectiveness emphasized. (Formerly numbered Child and Family Development 436.)

#### 275. Developmentally Appropriate Practices (3)

Two lectures and two hours of activity.

Prerequisites: Child and Family Development 270, 270L (one unit). **Proof of completion of prerequisites required:** Copy of transcript

Design, implementation, and evaluation of developmentally appropriate practices for children and families.

#### 296. Experimental Topics (1-4)

Selected topics. May be repeated with new content. See Class Schedule for specific content. Limit of nine units of any combination of 296, 496, 596 courses applicable to a bachelor's degree.

### UPPER DIVISION COURSES (Intended for Undergraduates)

#### 335. Interaction in Families (3) I, II

Prerequisite: Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Family interaction patterns throughout the life cycle in a multicultural society. Emphasis on theories, research findings, and family practices.

#### 370. Research, Assessment, and Evaluation of Children and Families (3) I, II

Prerequisite: Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Methods for measuring child, caregiver, and family behavior. Evaluation of reliability and validity. Includes research design, sampling techniques, data collection strategies, and values/ethics.

#### 371. Human Development: Middle Childhood and Adolescence (3) I, II

Prerequisite: Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript.

Physical, social, emotional, and intellectual development of children during middle childhood and adolescence. Emphasis on parent, sibling, and peer relationships. Prevention and correction of developmental difficulties.

#### 375. Child and Family Development Programs (3) I, II

Prerequisite: Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript. Concurrent registration in one unit of 376A, 376B, or 376C.

Program models for children and families. Communication techniques, basic skills, and strategies in working with children and families. Development, implementation, and evaluation of appropriate curricula and environments. School- and community-based opportunities.

#### 376. Laboratory Experiences with Children and Families (1-3) Cr/NC

Three hours of laboratory for each unit of credit.

Prerequisite: Completion of all lower division preparation for the major courses with a grade of C (2.0) or better. **Proof of completion of prerequisites required:** Copy of transcript. Credit or concurrent registration in Child and Family Development 375.

Directed experiences in a mainstreamed setting. Designing and implementing, developmentally appropriate activities. May be repeated with consent of instructor. Maximum credit three units in Child and Family Development 376A, 376B, 376C.

- A. Programs for Infants, Toddlers, Preschool Children (Formerly numbered Child and Family Development 376L.)
- B. Programs for School-Age Children and Adolescents
- C. Programs for Families

#### 377. Adult Supervision in Child and Family Development Programs (3)

Prerequisites: Child and Family Development 375 and 376A, 376B, or 376C. **Proof of completion of prerequisites required:** Copy of transcript.

Development of leadership, communication, conflict resolution, and supervision of professionals in child and family development programs.

#### 477. Administration of Child Development Programs (3) I

Prerequisite: Child and Family Development 375. **Proof of completion of prerequisite required:** Copy of transcript.

Programs for young children: design, implementation, and evaluation. Research applications and legal requirements for public and private sectors.

### 496. Experimental Topics (1-4)

Selected topics. May be repeated with new content. See Class Schedule for specific content. Limit of nine units of any combination of 296, 496, 596 courses applicable to a bachelor's degree.

### 499. Special Study (1-3) I, II

Prerequisite: Consent of instructor.  
Individual study. Maximum credit six units.

### UPPER DIVISION COURSES (Also Acceptable for Advanced Degrees)

#### 536. Divorce and Remarriage (3) II

Prerequisites: Child and Family Development 335 and Sociology 101. **Proof of completion of prerequisites required:** Copy of transcript.

Integration of family theories and research findings. Emphasis on adjustment to divorce and remarriage throughout life cycles, across cultures, social classes, and ethnicities.

#### 537. Child Abuse and Family Violence (3) I, II

Prerequisites: Child and Family Development 270 and 371; consent of instructor for graduate students. **Proof of completion of prerequisites required:** Copy of transcript.

Multidisciplinary approach to child abuse and family violence including maltreatment, mistreatment, neglect, sexual abuse.

#### 570. Infant/Toddler Development (3) I

Prerequisite: Child and Family Development 275 or Psychology 230 with grade of C (2.0) or better. **Proof of completion of prerequisite required:** Copy of transcript.

Physiological, psychological, cognitive, social, and cultural development of the human organism from conception through three years of age.

#### 575. Public Policy and Professional Ethics in Child and Family Development (3)

Prerequisites: Child and Family Development 375; 376A, 376B, or 376C; and 536 or 537 or 590. **Proof of completion of prerequisites required:** Copy of transcript.

Public policy and professional ethics as applied to child and family development, programs, and research.

#### 577. Advanced Administration of Child Development Programs (3) II

Prerequisite: Child and Family Development 477. **Proof of completion of prerequisite required:** Copy of transcript.

Problem analysis and development of successful organizational strategies for child development program delivery. Leadership, effective communication, social and ethical issues from a multicultural perspective.

#### 578. Parent-Child Relationships Across the Life Span (3) I

Prerequisites: Child and Family Development 335 and 370. **Proof of completion of prerequisites required:** Copy of transcript.

Multidisciplinary approach to the parent-child relationship as it continues and changes throughout the life of the dyad, including study of normative and nonnormative life events.

#### 590. Developmental Dysfunctions (4) I, II

Three lectures and three hours of laboratory.

Prerequisite: Child and Family Development 270 or Psychology 230, and completion of 12 upper division units in child and family development with a grade of C (2.0) or better for majors; consent of instructor for graduate students. **Proof of completion of prerequisites required:** Copy of transcript.

Adaptive and maladaptive processes throughout life span with emphasis on emotional, psychological, and physical disorders. Etiology, development, and adjustment. Directed experience with special needs individuals and their families.

#### 596. Advanced Studies in Child and Family Development (1-6)

Prerequisite: Nine upper division units in child and family development.

Advanced study of selected topics. See Class Schedule for specific content. Limit of nine units of any combination of 296, 496, 596 courses applicable to a bachelor's degree. Maximum credit of nine units of 596. No more than six units of 596 may be applied to either the bachelor's or master's degree. Maximum combined credit of six units of 596 and 696 applicable to a 30-unit master's degree.

#### 597. Child and Family Development Field Experiences (1) I, II

Prerequisites: Fifteen upper division units in child and family development with a grade of B (3.0) or better in courses selected from Child and Family Development 335, 370, 371, 375; 376A, 376B, or 376C; 377, 537, 575, or 590. Concurrent registration in Child and Family Development 597L. **Proof of completion of prerequisites required:** Copy of transcript.

Developmental theories and techniques in child development.

#### 597L. Child and Family Development Field Experiences Laboratory (2) Cr/NC I, II

Prerequisites: Fifteen upper division units in child and family development with a grade of B (3.0) or better in courses selected from Child and Family Development 335, 370, 371, 375; 377, 537, 575, or 590. Concurrent registration in Child and Family Development 597. **Proof of completion of prerequisites required:** Copy of transcript.

Directed experiences in practical application of developmental theories and techniques in various community agencies.

### GRADUATE COURSES Refer to Bulletin of the Graduate Division.

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For courses in nutrition, refer to "Nutrition" in this section of the catalog.